
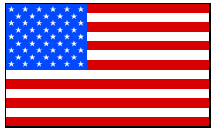


**Youth & Family Services  
Summer Food Program  
June 2009**

8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
		Bagel with jelly Banana or 100% juice  Hamburger on a bun Corn Pears	Cereal / English muffin Applesauce  Turkey sandwich Oranges / Peas	Waffle sticks Peaches or 100% juice  Pizza Lettuce salad Pineapple
Menu 1 Off-site Lunch # 1	Turkey sandwich / Celery sticks / Applesauce / Milk			
15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
French toast Applesauce  Sloppy Joe on a bun Mixed hot vegetables Pineapple/Orange Mix	Breakfast tortilla / Eggs Peaches or 100% juice  Chicken noodle soup Crackers / Veggie blend Cheese slice / Grapes	Cold cereal / Bagel Tropical fruit  Mac 'n Cheese / Ham Peas Applesauce	Waffle sticks Banana or 100% Juice  Soft beef & bean taco Garden salad Watermelon	Biscuit & gravy Peaches  BBQ Pork on a bun Corn Fruit mix
Menu 2 Off-site Lunch #2	Ham sandwich / Peaches / Broccoli / Milk			
22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
Pancakes Applesauce  Cheese pizza Garden salad Pineapple	Eggs / Toast Orange juice  Spaghetti & meat sauce Green beans Strawberries	Toast & jelly / Oatmeal Peaches or 100% juice  Turkey sandwich Potato salad Orange slices	Biscuit / Scrambled egg Peaches  Caesar chicken strips Romaine salad bed Croutons Watermelon	Cinnamon roll / Cereal Banana or 100% juice  Hamburger on a bun Tator tots Pears
Menu 3 Off-site Lunch # 3	Turkey ham & cheese sub / Grapes / Baby carrots / Milk or Hot sandwich			
29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
Cereal / Bagel Banana or 100% juice  Saucy meatballs Pasta Cooked carrots Apple slices	English Muffin & Jelly Pineapple  Baked chicken Mashed Potatoes / Gravy Wheat bun Grapes	Breakfast burrito Mixed fruit or 100% juice  Beef Dog on a bun Baked beans Melon & Grape mix	French toast Pineapple  Cheese quesadilla Cottage cheese Broccoli Pears	  <b>YFS -Closed Holiday</b>
Menu 4 Off-site Lunch # 4	Ham wrap with lettuce / Applesauce / Pickle / Milk			

**Menus are subject to change**

**Milk is offered with all meals**