

INFANT MENU

Date/Year _____ Provider's Name _____ Phone # _____

Infant's Name _____ Date of Birth _____

Infant served: Bottled Breastmilk _____ Formula (IFIF) _____ Brand of formula offered by provider _____

Formula provided by: Parent _____ Child Care Provider _____ Brand of formula provided by parent _____

By participating in the Child and Adult Care Food Program, your child care provider is required to offer at least one type of iron-fortified infant formula for infants in his or her care. If you choose not to accept the infant formula offered by your provider and opt to supply your own formula, please sign below.

Parent's Signature (required if parent provides formula)

AGE		MEAL	FOOD CHOICES
0-5 Months	<input type="checkbox"/>	BREAKFAST 4-6 fl. oz. iron-fortified infant formula or breastmilk	(Circle foods served) <u>IFIC</u> Rice Oats Mixed Other: <u>Meats</u> Beef Turkey Ham Chicken Other: <u>Fruits</u> Applesauce Bananas Peaches Pears Plums Apricots Other: <u>Vegetables</u> Carrots Squash Green Beans Beets Peas Sweet Potatoes Potatoes Other:
	<input type="checkbox"/>	LUNCH/SUPPER 4-6 fl. oz. iron-fortified infant formula or breastmilk	
	<input type="checkbox"/>	SNACK 4-6 fl. oz. iron-fortified infant formula or breastmilk	
6-11 Months	<input type="checkbox"/>	BREAKFAST 6-8 fl. oz. iron-fortified infant formula or breastmilk	
	<input type="checkbox"/>	0-4 tbsp. iron-fortified infant cereal (IFIC), meat, fish, poultry, whole egg, cooked dry beans or peas; or 0-2 oz. cheese; or 0-4 oz. cottage cheese or yogurt; or a combination *	
	<input type="checkbox"/>	0-2 tbsp. fruit and/or vegetable *	
	<input type="checkbox"/>	LUNCH/SUPPER 6-8 fl. oz. iron-fortified infant formula or breastmilk	
	<input type="checkbox"/>	0-4 tbsp. iron-fortified infant cereal (IFIC), meat, fish, poultry, whole egg, cooked dry beans or peas; or 0-2 oz. cheese; or 0-4 oz. cottage cheese or yogurt; or a combination *	
	<input type="checkbox"/>	0-2 tbsp. fruit and/or vegetable *	
	<input type="checkbox"/>	SNACK 2-4 fl. oz. iron-fortified infant formula or breastmilk	
	<input type="checkbox"/>	0- 1/2 bread slice; or 0-2 crackers; or 0-4 tbsp. iron-fortified infant cereal (IFIC) or ready to eat cereal *	
	<input type="checkbox"/>	0-2 tbsp. fruit and/or vegetable *	

****Required food components when infant is developmentally ready.
All serving sizes are minimum quantities of the food components that are required to be served***