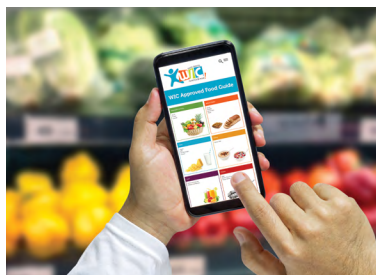




What is WIC?

WIC is a special supplemental nutrition program for Women, Infants, and Children.



WIC Services include:

- ✓ FREE healthy foods based on individual needs
- ✓ Nutrition education and counseling
- ✓ Breastfeeding education/support
- ✓ Referrals
- ✓ Immunizations

How Do I Know If I'm Eligible?

AN APPLICANT MUST

- ✓ Be a South Dakota resident
- ✓ Nutrition or health risk determined at WIC appointment
- ✓ Meet income guidelines

SD WIC INCOME GUIDELINES

EFFECTIVE JUNE 1, 2023

FAMILY SIZE	185% of Federal Poverty Level ANNUAL INCOME
1	\$26,973
2	\$36,482
3	\$45,991
4	\$55,500
5	\$65,009
6	\$74,518
7	\$84,027
Each Additional Family Member	\$9,509



APPLY ONLINE TODAY!

SDWIC.org

Apply to WIC → Start Application

This institution is an equal opportunity provider.

